

FY22 SNAPSHOT

HEALTH

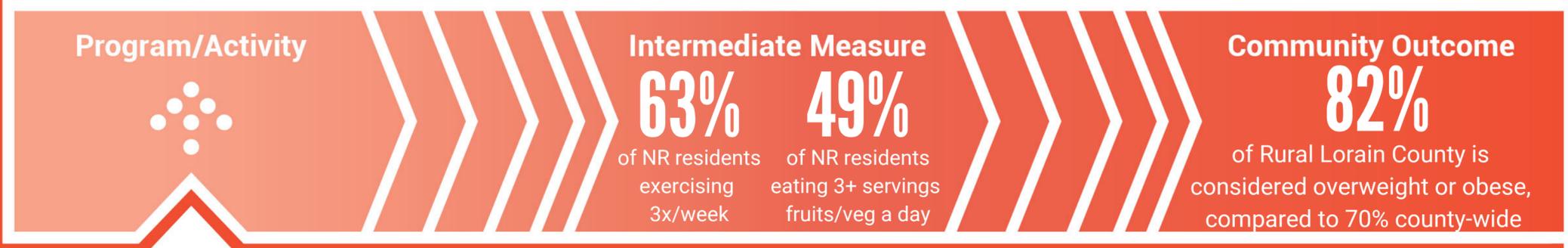


Established: 2015
 Grant Cycle: 3 (Year 7-9)
 Service Area: North Ridgeville
 FY22 Investment: \$42,500

Mission: Increase awareness of and access to physical activity & nutrition resources to prevent chronic disease in North Ridgeville.

WHY HEALTH? Healthy people live happier lives:

- In rural Lorain County, chronic disease is more prevalent
- Healthy choices are not accessible:
 - Lack of transportation and/or connectivity creates barriers to access exercise facilities and stores selling healthy food; local crops include corn and soybeans, not fresh produce



WINS



Indoor walking brought back for the first time since pre-COVID, with new partnership from LCCC Ridge Campus

176

participants in the Culinary Literacy Program with the newly purchased Charlie Cart at North Ridgeville Branch Library



Success of 3 day Girls in Gear program; the 12 youth engaged in the program, learned valuable skills and helped with a walk audit of Center Ridge Rd.

CORE ACTIVITIES

453

total indoor walking attendance from Liberty Elementary and new walking site LCCC Ridge Campus

1,000

produce pickup bags distributed to community residents, R.W. Beckett employees, and clients at North Ridgeville Community Care

57

total checkouts from the Bike Share program at the North Ridgeville Branch Library

LESSONS LEARNED

Girls in Gear was originally developed as an after school program, but was not feasible due to barriers related to transportation. The decision to try it as a summer camp program worked well



Learning what is feasible as far as built environment changes go; some projects turned out to be too expensive or not worth it after consulting with city government

The produce pickup bags have previously had an issue with registrants not picking up bags. To counter this, H&S opened up bag reservations in July to reduce the length of time between reserving and pickup

PLANS FOR NEXT YEAR



Expansion of the Bike Share program, with plans to add extra adult tricycle due to the popularity of the current one

Additional walk audits planned for Center Ridge, as well as line striping to be done for enhanced safety along the multi-purpose trail. Future projects to be decided based on results of walk audits



Continuing the expansion of produce bag pickups and testing pre-payment options while working to make the program more self-sustaining